

## **KEEP YOUR CHILDREN OUT OF THE MIDDLE**

- ❖ A child should not carry messages between angry parents.
- ❖ A child should not hear you “trash” or “put down” their other parent.
- ❖ Do not ask the child to confront the other parent about money issues.
- ❖ A child should not be quizzed about the other parent’s private life.
- ❖ A child should not be burdened with parent’s emotional needs and weaknesses. Do not make your child your best friend to lean on during this process.
- ❖ A child should not be forced to choose which parent attends special events. (In most cases both should attend).
- ❖ Do not threaten that a child will not have access to one of their parents. This hurts your child as much as the other parent.
- ❖ Your children need TWO loving, capable parents.
- ❖ Give your kids permission and encouragement to love their other parent.

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The Center for Divorce Education

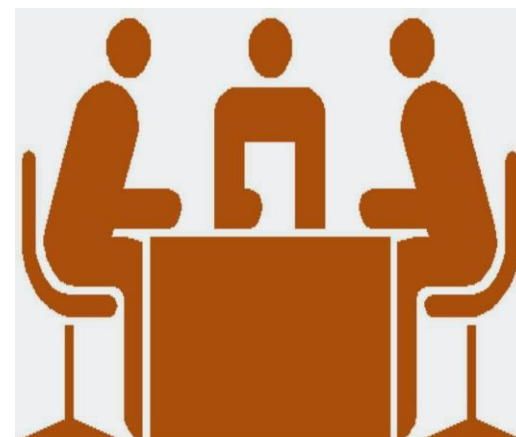
**Southwest Iowa  
Mediation Center  
P.O. Box 1620  
Council Bluffs, IA 51502  
Phone (712) 310-2843  
Swiamediationcenter.org**

# **2017**

## **Fourth Judicial District Parenting Class**

**Children in the Middle  
Children in Between**

## **SOUTHWEST IOWA**



## **MEDIATION CENTER**

**712-310-2843  
SWIAMEDIATIONCENTER.ORG**

The goal of this class is to help you in focusing on the best interests of your children as you work your way through the legal process. It is a difficult and demanding time for you, and especially your children. The class will discuss the effect of divorce and separation on children. The class will provide you with materials, information and lists resources to help you protect your children from the harms than can happen in divorce and separation.

You can register for the class online at **swiamediaitoncenter.org**. On the home page, click on the tab labeled as **Parenting Class** found in the upper right hand corner of the screen. This will take you to the screen that lists the classes, locations, dates and times available. Scroll down until you find the class you want. Click on the word **"Register."** This will take you to the screen where you enter information needed to register for the class. At the bottom of the screen you can click on the payment option, either Pay Pal or bringing payment yourself. Pay Pal gives you several options to make payment, like credit card or debit card.

If you choose to make payment yourself, bring a money order, cashier's check or attorney trust fund check made payable to the Southwest Iowa Mediation Center to the class.

**The cost of the class is \$50.00.**

**No cash or personal checks will be accepted.**

If you do not have a computer, your local library may have a computer where you can register online. If not, you can call the Southwest Iowa Mediation Center at 712-310-2843 to register.

## CLASS SCHEDULES

Parenting Classes can only be registered through the Southwest Iowa Mediation Center. Register online at [swiamediationcenter.org](http://swiamediationcenter.org) or call 712-310-2843. The cost of the class is \$50.00.

### Council Bluffs, Iowa

Classes in Council Bluffs are scheduled for the 2<sup>nd</sup> Saturday of the months listed at **Micah House**, 1415 Avenue J, Council Bluffs, Iowa from 9:00 a.m. to 12:30 p.m. Evening classes are scheduled the 3<sup>rd</sup> Monday and Thursday of the month listed at **The Center** (Bluffs Center), 714 Main Street, Council Bluffs, Iowa from 4:45 p.m. to 8:00 p.m.

#### Micah House

The 2<sup>nd</sup> Saturday of the month

9:00 a.m. - 12:30 p.m.:

1/14/17, 2/11/17, 3/11/17, 4/8/17, 5/13/17, 6/10/17, 7/8/17, 8/12/17, 9/9/17, 10/14/17, 11/11/17 (no class in December).

#### The Center

The 3<sup>rd</sup> Monday of the month

4:45 p.m. - 8:00 p.m.:

2/20/17, 3/20/17, 4/17/17, 5/15/17, 6/19/17, 8/21/17, 9/18/17, 10/16/17, 12/18/17.

#### The Center

The 3<sup>rd</sup> Thursday of the month

4:45 p.m. - 8:00:

1/19/17, 4/20/17, 7/20/17, 9/21/17, 10/19/17, 11/16/17.

### Shenandoah, Iowa Bricker Meeting Room

400 W. Sheridan Avenue, Shenandoah, Iowa  
(same building as the fire and police stations).

The 4<sup>th</sup> Thursday of the month

5:00 p.m. - 8:30 p.m.

1/26/17, 3/23/17, 5/25/17, 8/24/17, 10/26/17.

### Atlantic, Iowa Southwest Iowa Mediation Services

201 Linn Street, Atlantic, Iowa.

The 2<sup>nd</sup> Thursday of the month

5:00 p.m. - 8:30 p.m.:

1/12/17, 4/13/17, 6/8/17, 10/12/17, 12/14/17.

### Harlan, Iowa Harlan Community Library

718 Court Street, Harlan Iowa.

The 2<sup>nd</sup> Thursday of the month

5:00 p.m. - 8:30 p.m.:

2/9/17, 5/11/17, 9/14/17, 11/9/17.

